FOOD INSECURITY EDUCATION GUIDE

WATCH

LISTEN

<u>A Place at the</u> <u>Table</u> <u>Food</u> <u>Insecurity</u> <u>and</u> <u>COVID-19</u>

LEARN

<u>Tuition or Dinner?</u> <u>College Students</u> <u>are Going</u> <u>Hungry</u>

<u>Resetting the</u> <u>Food System</u> <u>from Farm to</u> <u>Fork</u> <u>Learning</u> <u>TUgether:</u> <u>Food</u> <u>Insecurity</u> 54 Million People in America Face Food Insecurity During the Pandemic

ACT

Donate needed items to your local food bank PRAY

<u>Matthew 25:</u> <u>Prayer for Food</u> <u>for the Hungry</u>

Be aware of food waste in your life – use items close to expiration

<u>Social Justice</u> <u>Resource</u> <u>Center's</u> <u>Hunger Prayers</u>